

Middle School Physical Education Group Initiatives Grades 6 – 8

Skill Theme: Sixth Grade Group Initiatives

SHAPE Maryland Standards

Standard 2: Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

S2.G6.11b *Movement Concepts:* Makes appropriate decisions based on the weather, level of difficulty due to conditions, or ability to ensure the safety of self and others.

Standard 3: Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

S3.G6.2 *Engages in Physical Activity:* Participates in a variety of moderate-to-vigorous physical activities (cardio-kick, step aerobics, aerobic dance, recreational team sports, outdoor pursuits, or dance activities).

Standard 4: Exhibits personal and social behavior that respects self and others.

S4.G6.1a *Personal responsibility:* Exhibits personal responsibility by using appropriate etiquette, demonstrating respect for facilities, and exhibiting safe behaviors.

S4.G6.1b *Personal responsibility:* Identifies and uses appropriate strategies to self-reinforce positive fitness behaviors.

S4.G6.2 *Accepting feedback:* Demonstrates self-responsibility by implementing specific corrective feedback to improve performance.

S4.G6.3a *Working with Others:* Accepts differences among classmates in physical development, maturation, and skill level by providing encouragement and positive feedback.

S4.G6.3b *Working with Others:* Cooperates with a small group of classmates.

S4.G6.4 *Rules and Etiquette:* Identifies the rules and etiquette for activities.

Standard 5: Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interactions.

S5.G6.1b *Health:* Identifies components of physical activity that provide opportunities for reducing stress and for social interaction.

S5.G6.2a *Challenge:* Recognizes individual challenges and copes in a positive way, such as extending effort, asking for help or feedback, and/or modifying the tasks.

S5.G6.3a *Self-Expression and Enjoyment:* Describes how moving competently in a physical activity setting creates enjoyment.

S5.G6.3b *Self-Expression and Enjoyment:* Identifies how self-expression and physical activity are related.

HCPS Sixth Grade Group Initiatives Outcomes

- #1* - Demonstrates self control and safe practices during activity (Affective)
- #2* - Implements group problem solving strategies for improvement or success (Affective)
- #3* - Displays ability to work together-respect, sensitivity, and compassion (Affective)
- #4* - Displays sportsmanship during group activities (Affective)

*Indicates required outcome for every other day students

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SHAPE Maryland Standards

Standard 2: Concepts and Strategies

S2.G7.5 *Transitions*: Transitions from offense to defense or defense to offense by recovering quickly and communicating with teammates.

Standard 4: Responsible personal and social behavior

S4.G7.1 *Personal Responsibility*: Exhibits responsible social behaviors by cooperating with classmates, demonstrating inclusive behaviors, and supporting classmates.

S4.G7.2 *Accepting Feedback*: Provides corrective feedback to a peer, using teacher generated guidelines, that incorporates appropriate tone and other communication skills.

S4.G7.3a *Working with Others*: Demonstrates cooperation skills by establishing rules and guidelines for resolving conflicts.

S4.G7.3b *Working with Others*: Problem-solves with a small group of classmates.

S4.G7.4 *Rules & etiquette*: Demonstrates knowledge of rules and etiquette by self-officiating modified physical activities and games or by following parameters to create or modify a dance.

Standard 5: Recognizes the value of physical activity

S5.G7.2a *Challenge*: Generates positive strategies such as offering suggestions or assistance, leading or following others, and providing possible solutions when faced with a group challenge.

S5.G7.2b *Challenge*: Shows that skills will develop over time with appropriate practice.

HCPS Seventh Grade Group Initiatives Outcomes

- #1* - Demonstrates leadership (Affective)
- #2* - Creates and applies strategies for successful solutions (Affective)
- #3* - Demonstrates self control and safe practices for activities (Affective)
- #4* - Displays sportsmanship during activities (Affective)

*Indicates required outcome for every other day students

Middle School Physical Education Group Initiatives Grades 6 – 8

Skill Theme: Eighth Grade Group Initiatives

SHAPE Maryland Standards

Standard 2: Applies knowledge of concepts, principles, strategies, and tactics related to movement and performance.

S2.G8.11b *Movement Concepts:* Implements safe protocols in self-selected outdoor activities.

Standard 4: Exhibits responsible personal and social behavior that respects self and others.

S4.G8.1a *Personal responsibility:* Accepts responsibility for improving one's own levels of physical activity and fitness.

S4.G8.1b *Personal responsibility:* Uses effective self-monitoring skills to incorporate opportunities for physical activity.

S4.G8.2 *Accepting feedback:* Provides encouragement and feedback to peers without prompting from the teacher.

S4.G8.3a *Working with others:* Responds appropriately to participants' ethical and unethical behavior during physical activity by using rules and guidelines for resolving conflicts.

S4.G8.3b *Working with others:* Cooperates with multiple classmates on problem-solving initiatives

S4.G8.4 *Rules & etiquette:* Applies rules and etiquette by acting as an official for modified physical activities/games and creating dance routines within a given set of parameters.

HCPS Eighth Grade Group Initiatives Outcomes

- #1* - Displays leadership (Affective)
- #2* - Displays individual/ group perseverance during physical activity (Affective)
- #3* - Applies self control and safe practices (Affective)
- #4* - Displays sportsmanship during activities (Affective)

*Indicates required outcome for every other day students